

The Union News

Union Congregational Church, United Church of Christ

401 Lake Avenue East, PO Box 10, Hackensack, MN 56452-0010 "No matter who you are or where you are on life's journey—you are welcome here" An "Open and Affirming" Congregation

Church Office: (218) 675-6300 Pastor: Rev. Torri Vande Zande http://www.unioncchackensack.com Email: unionucc401@gmail.com Toll Free: (888) 887-4820

Emergency Phone: (218) 507-1905



M&RCH 2020

Notes from Rev. Torri Vande Zande

Smudge (Discovering Lent)

My first experience of Lent was in grade school. My friend came to school with a black smudge on her forehead that resembled something that looked like a plus sign. I just thought she forgot to wash her face, but when I saw several people have it, I knew something was going on.

I asked my friend Darci, "What's that black thing on your head?" She told me she got it at church and it was a cross. It didn't look like a cross to me. Then she told me it was ashes. "What?" I said. "Why would you smudge ashes on your forehead?" In frustration she said, "It's not a smudge, it's a cross! The priest put in on our heads for Lent!" "Lent?" I asked. "What is Lent?" She rolled her eyes and in an exhausted voice said, "It's when the priest puts ashes on your forehead!"

I grew up in a church that never observed Lent in the way Darci's church did. I'm sure we did in some way, but I never noticed it. It wasn't until I was in my 30's that I belonged to a church where there was Lent services, Lent meals and an Ash Wednesday service. It was there I began understanding the meaning of Lent.

Lent is a 40 day season that comes right before Easter. It starts on Ash Wednesday and ends the Saturday before Holy Week (which is the week before Easter, which includes Psalm Sunday, Maundy Thursday, Good Friday and Easter). It is a season of reflection and repentance. It is when we take a look at our humanity and the fragileness of this life and realize our need for God.

Some people fast during this time by giving up items of food like chocolate, coffee or pop/soda. The idea is to give up something that you will miss. And when the time comes where you miss or crave the item you gave up, you pause to acknowledge God, remember our humanity and give thanks for God's presence and faithfulness.

During this Lent season it is my hope to create a space in my life and in my heart to pause to acknowledge God, reflect on my life to see where I may have fallen short of being Christ-like, ask for forgiveness when I have hurt others, and give thanks for God's faithfulness in my life.

The ashes I have found to be helpful in remembering where I come from. I am a human being, flawed, scared and imperfect. Ashes to ashes and dust to dust, my earthly life is temporary and I will remember my humanness. And part of remembering is smudging ashes on my forehead.

In Christ Alone,

Pastor Torri

Church Staff		Council
Rev. Torri Vande Zande	Moderator	Joni Kumpula
Sabbastian Wilson-Webb	Vice-Moderator	Tom Cox
Don Hoppe	Clerk	Karen Holle
	Board of Financial Stewardship	Don Hoppe
Sheryl Kaubisch		
Heidi Hoppe	Ministry Teams:	
Sheryl Kaubisch	Christian Learning	Jo Horak
Kathleen Millberg, Barb Nish	Congregational Life	Margaret Zieffler
Sue Johnson	Facilities	Mike Bohanon and Ron Merritt
Sue Johnson	Personnel	Church Council
	Worship	Heidi Hoppe
	Men's Fellowship	Ron Merritt
	Rev. Torri Vande Zande Sabbastian Wilson-Webb Don Hoppe Sheryl Kaubisch Sheryl Kaubisch Heidi Hoppe Sheryl Kaubisch Kathleen Millberg, Barb Nish	Rev. Torri Vande Zande Moderator

MODERATOR'S NOTES

Greetings and happy March!

It has been a nice winter so far with lots of beautiful snow. We are home from our lovely February trip and hopefully soaked up enough sun to last until May. We brought back greetings from Bev and Vern Peterson and Jan and Charles BonTraeger. They are both enjoying the Arizona weather.

Tom Cox the vice moderator chaired the council meeting. A grateful thanks to him. All went well with no hitches or concerns.

Everyone is gearing up for Lent and the prayer breakfast. They are such a joy combined with St Paul's and Union churches. I do hope you can all come on Wednesday nights and they do include supper. That is a great time for conversation.

Our boards and ministry teams are all meeting and working towards summer and our myriad of events. We will be busy and eagerly awaiting our snow birds return. I trust they are all enjoying the warm sunshine, but spring is coming to Hack soon.

Must run along!

See you in church, Joni

LOST AND FOUND

We found a pair of glasses left at the church last month. If you think these are yours, please give us a call at (218) 675-6300, or stop by the office during our regular hours. (Mon-Fri, 9:00AM-2:00PM)

MARCH BIRTHDAYS

Women's Fellowship.....Linda Merritt

March 3	Heidi Hoppe
March 4	Cathy Iversen
March 9	Dennis Meyer
March 13	Tim Hoppe
March 17	Kristi Bodahl
March 25	Helen Mankenberg
March 26	Barbara Payne
March 27	Travis Cox
	Katy Hoover
March 28	Katie (Kaubisch) Fasen
	Chuck Foust



CAESAR'S TALES

Hi, my name is Caesar and I am the church dog.

I want to tell you about my frenemy named Tirzah. She does not like me. She does not like anybody.

Tirzah is the old lady cat in our family pack. She mostly lives in my human's bedroom. She does not come out a lot, but is content in sleeping on the bed and popping her head out the door once in a while to see if anyone is around. If they are, she turns her grumpy self around and goes back to bed.

Tirzah got really sick a few weeks ago. I could tell something was not right because I could feel my human getting worried. My human would spend a lot of time with Tirzah and ignore Bandit (the cat) and me. We did not like that but we knew something strange was happening. I heard my human cry and talk to Tirzah softly as she laid on the bed. I recognized a few words, but I did not understand what was going on.

The next morning, my human got up and started getting ready for the day. She usually takes me with her when she leaves, but this time she took Tirzah. It was confusing because Tirzah never gets to go anywhere.





A few hours later, my human came back but Tirzah was not with her. A wave of sadness entered the house as I saw my human set the empty carrier on the table. Bandit (the cat) jumped on the table to investigate, but did not find out any more information than I already knew. Tirzah was gone.

My human moved very slow that day. I did my best to match her energy and surprisingly so did Bandit (the cat). My human cleaned Tirzah's room throughout the day, but needed breaks to sit on the couch and just rest. It was a quiet and sad day.

As I laid on the couch next to my human, I thought about what our little pack would be like now. Instead of four, there are now three of us: My human, Bandit (the cat) and me. We have never been just three. What will life look like now? What will our new normal be? It will never be like it was, but can we still move forward?

My human got up a few days later and went to our work place called church. It was the day I usually stay home, so I knew it was a day when everyone came to the church to howl together and listen to my human talk. When she came back, she took me for a ride and we went on a walk

around town. We walked down new roads we've never been down before. It was like a new adventure. I took in new smells and got to roll in fresh snow. I could still feel my human's sadness, but I sensed something was changing. Life changed when we lost Tirzah... yes, but our routine changed too. I go for longer walks now and Bandit (the cat) gets to sleep in the bed (which I am NOT happy about).

Maybe our little pack has new adventures ahead of us? I do not know what our "new normal" is yet, but my human said God is with us and loves us. My human said that our God guides us in all we do. So for now, I will do my best to obey my human as she strives to obey her God.

I hope you have a barky day!

Caesar "The Church Dog"









COUNCIL MEETING MINUTES - FEBRUARY 20, 2020

PRESENT: Sarah Cox, Sabbastian Wilson-Webb, Mary Parrish, Jo Horak, Linda Merritt, Pastor Torri Vande Zande, Caryl Allan, Tom Cox, Karen Holle, Ron Merritt

Tom called the meeting to order. Pastor Torri offered a convening prayer.

The agenda was approved as written. The minutes were approved. Ron/Linda passed.

<u>Pastor's Monthly Report:</u> Torri reported that the NOOMA program has been going well. We have watched and discussed three different videos at six different times. We will take a break from NOOMA until after Easter.

Torri went on to talk about our website. We have had over 5,600 people visit our site over 20,000 times. This means that people are visiting our site multiple times. People are visiting our page, checking us out and are watching us. We have even received a check from one viewer!

We will be partnering again with St. Paul's for Lenten services. We are hosting the Lenten breakfast this year with guest speakers Barb Mann and Doug Weiss. The theme of Lent will be "For God So Loved the WORLD" with a focus on creation care.

Pastor Torri has connected with two people who are part of the Outdoor Ministry in the Minnesota Conference. They organize youth events and camping trips for youth in the summer. They are looking for projects that youth can plug into and might be interested in helping us do some work on the Woock Ness property this summer.

Karen and Torri will be observing a 6 week group entitled Powerful Tools for Caregivers which will be offered at church on Wednesdays starting March 18 at 1:00. Two people from Faith in Action will lead this group with the idea that Karen and Torri will lead the next group like this that is offered. After the 6 week group a monthly support group for caregivers will continue with Karen and Torri as leaders. That group will meet monthly at the church.

<u>Financial Stewardship Board:</u> In Don's absence Caryl Allan gave the report. In January income to the church was \$10,965, about the same amount as the income of the past two years. The church received a bequest from the estate of Donald Willis for the sum of \$19,500. These funds have been deposited in the reserve account principle of Bequests and Special Gifts. This generous gift reminds us of the importance of this type of gift to the long-term financial sustainability of Union Church.

<u>Facilities Board:</u> Ron reported that despite massive ice jams on our room there has been no ice damage this winter to the roof or gutters. A meeting has been scheduled on March 5 with Rreal Solar concerning installing solar panels on the church building or property. Torri asked that we look at the possibility of replacing the door to the lower level of the church with a door that is wider and is large enough for a wheelchair to pass through. Ron will look into this.

<u>Personnel Board:</u> Torri's letter of call for 2020 has been completed and signed. At the end of March Sabbastian will receive his 6 month review.

<u>Congregational Life:</u> Our meeting occurred and vulnerable church members were discussed.

<u>Worship:</u> After the March 1 worship, the Sunday services will move back to the Sanctuary. Torri will be on vacation March 1 and we will be hosting a guest pastor.

March is Food Share Month. Heidi and Don are willing to write a letter to members and friends of the church encouraging donations to the campaign. Heidi would like to see total money collected split 50% - 50% between the Walker and Hackensack food shelves. This was discussed by Council and it was decided not to make that change as the group would like to put most of our support towards the food shelf in our own area. It was also felt that the Walker Food Shelf has access to more resources than the Hackensack food shelf does. Council will maintain the current percentage distribution of funds to the two area food shelves after the March food shelf drive. This is: Walker Area Food Shelf gets 25% and Hackensack/Backus Food Shelf gets 75%. Linda/Caryl passed.

<u>Women's Fellowship:</u> This year the Lenten Breakfast is being hosted at Union on March 17. A few decisions have already been made concerning the event. The speakers, Barb Mann and Doug Weiss, will be discussing what it means to live sustainably. What does it mean in regard to our life style, in regards to the Earth and in regards to our community and spirituality?

The breakfast will begin at 9:00 am. A free will offering will be taken. Reservations are required and can be made by calling

the church office at (218) 675-6300.

Heidi and team will made the egg dish on Monday, February 16. We will also serve fruit and pastry, orange juice and coffee. Joni will decorate the tables in the Friendship Hall and Ron will find men to work on cleanup.

Men's Fellowship: Ron reported that the men are considering changing the June Fish Fry to a June Father's Day chili feed. The menu would be chili, cornbread, and pie. The fish fry is very labor intensive and doesn't make much money for the men and women's fellowships. The sheriff is also ready to reduce the number of fish fries he is doing each year.

<u>Christian Learning:</u> Jo reported that Vacation Bible School planning has started and a curriculum has been ordered. Meetings have already started to plan for the 2020 June VBS program. Jo has been recruiting resource people in the area of robotics and solar energy to work with the children this year.

Jo reported that the weekly Bible Study has a group of 7 – 8 people who attend regularly and the Community Meals are well attended. In the fall, the youth will have another opportunity for a mission trip to Minneapolis to 3M for Visiting Wizards.

Newsletter Deadline: Tuesday February 25.

Meeting Adjourned. Next meeting is March 19. Clerk: Karen Holle



Join in with friendly conversation and desserts, Thursday, March 12th at 1:00 PM

Bible Study

Monday mornings

10:00 coffee and conversation

10:30 to 11:30 education and enquiry using the Upper Room study material.



FINANCIAL STEWARDSHIP

Leaving a Legacy to Union Church

We are happy to let you know that the Estate of Donald Willis has made a bequest to Union Church. The bequest of \$19,500 has been received and acknowledged and added to the Bequest & Donald Gifts account of the church. This account is like an endowment fund, where only the interest or dividends can be distributed. The principal can only be used by action of the congregation.

There are many ways to leave a gift to Union Church. It can be done through a will or trust agreement. It may also be done as easily as by making Union Congregational Church a beneficiary for an IRA or 401K account, life insurance policy, or annuity.

In the coming months the Board of Financial Stewardship will be providing additional information on how you can leave a legacy to Union Church.

Don Hoppe

Chair of the Board of Financial Stewardship

Lent For God So Loved the WORLD



This year, the theme for Lent is "For God So Loved The WORLD". We will be working together with St. Paul's Lutheran Church for lent services during the Lenten season, alternating hosting between our two churches. Here is a brief schedule:

- March 4th: 5:30 PM Service at St. Paul's (Meal after)
- March 11th: 5:30 PM Service at Union (Meal after)
- March 17th: 9:00 AM Faith Community Prayer Breakfast at Union
- March 18th: 5:30 PM Service at St Paul's (Meal after)
- March 25th: 5:30 PM Service at Union (Meal after)
- April 1st: 5:30 PM Service at St. Paul's (Meal after)

The Lenten Breakfast will be Tuesday, March 17th at Union. If you would like to attend, please sign up at church or call the office (218-675-6300) so we can reserve a spot for you.

Celebrating the Past - Myra Damm, historian

The Liturgical Paraments

The pulpit/lecturn and altar are adorned with decorative clothes called paraments. In looking through the history I found the following information. These paraments can be purchased from a supply house, but the paraments in our church are unique in that they are handmade just for UCC.

This project came under the sponsorship of Women's Fellowship and approved by the Church Council. I also found some information in the Spiritual Life report from 1991. When this was being discussed Pat Coon volunteered to make the paraments in hardanger, a Scandinavian form of needlework, done on an even weave cotton or lined material in geometric patterns. The liners were done by Betty Nye. A dedication of the new altar clothes was made as part of the regular Sunday Service. Later in the year a new Hardanger communion cloth was made by Pat Coon that matches the alter clothes.

The clothes have been used since they were put in place in 1991. The only information I found about Pat Coon was that she and her husband moved back to Iowa some years ago.

Her handiwork is a legacy we can enjoy each Sunday.



Emergency Phone - Union has a new emergency phone number to call in case you need to contact someone immediately. The number is 218-507-1905. It goes directly to Pastor Torri or one of the other leaders of the church when Pastor Torri is on vacation or away from the community. This number is listed on the front of the bulletin every week for your convenience and quick access. Please use this number for emergencies.



Caregivers Support Class Begins March 18th

Stressed out about providing all the care your loved one needs? You are not alone - you may be one of the over 65 million family caregivers in the U.S. today.

Powerful Tools for Caregivers is a class designed to provide you with the skills you need to take care of yourself as a caregiver and increase your confidence to provide care in difficult situations. Faith in Action for Cass County and Union Church in Hackensack are sponsoring a Powerful Tools for Caregivers class – a six-week program on Wednesdays, March 18 and 25, and April 1, 8, 15 and 22, 2020, from 1:00 to 2:30 p.m. at the Union Church, 401 Lake Ave E in Hackensack. When the classes end, a Caregiver Support and Discussion Group will continue to meet.

Theresa Eclov and Larellyn Micheau, certified Powerful Tools class leaders, will share tools and resources to help you reduce stress, improve self-confidence, balance your life, better communicate your feelings, increase ability to make decisions, and locate helpful resources. Class materials include <a href="https://doi.org/10.1001/jher.2007/j

Caregivers have an important role and the most important thing to remember is to not be isolated from fellow caregivers. Sign up for the Powerful Tools for Caregivers class today; when you take care of yourself, everyone benefits. The classes are Free, and pre-registration is required so we have enough materials. For information, please contact Theresa or Larellyn at Faith in Action for Cass County, at 218-675-5435 or cassfia@uslink.net.

Learn to thrive and not just survive as a Caregiver. Call Faith in Action today.

CHRISTIAN LEARNING

As we begin the Season of Lent with Ash Wednesday February 26th, we will have changes to our Christian Learning activities. They are:

Monday Morning Bible Study will be using new materials for Lent. A book by author Max Lucado is part of this plan. However, our Upper Room materials are still available as well. Coffee and conversation continues 10:00-10:30 AM. Bible Study meets 10:30-11:30 AM in Church Library. All are invited to join this supportive group whenever possible.

Community Meal will not meet during the Lenten Season. Instead, we will take turns with the St. Paul congregation hosting Soup Suppers on Wednesday evenings after church Lenten Services. There will not be a meal on Ash Wednesday, February 26th, but St. Paul will hold a 5:30 PM service that day. They have a Lenten Service and Soup Supper on March 4th and March 18th at 5:30 PM.

Union Church will host the 5:30 PM **Lenten Service** Wednesday, March 11th and March 25th. A Soup Supper follows immediately afterwards. We gather in the Upper Level Friendship Hall for this hot meal. This Service and Meal is open to the community and all ages are warmly welcome. We look forward to meeting you there!

The **Treasure Sale** is coming! June 10th, 11th, 12th, and 13th—Mark the dates! As you consider Spring Cleaning (Grin/Groan) take a look into your home and heart to see if you might have 'treasures' no longer in use but could be helpful to someone else. These donations are very much appreciated by the Christian Learning Youth and Families Programs. We have donation receipts downstairs for those who wish them. Please contact Cindy and Heidi if you wish to bring in larger items now OR just let them know what items you have so more convenient arrangements can be made to pick them up when weather improves. Larger items like boats, cars, trailers, or outdoor equipment usually arrives the week of the sale.

Please remind family and friends that Union Church has a real Treasure Sale with unique items you will not find at many other places! More details later.

One of the programs supported by the Treasure Sale is our **Vacation Bible School** on June 24th, 25th, and 26th. Program runs from 8:30 AM - 3:00 PM Wednesday and Thursday. Friday's Program meets from 8:30 AM-5:30 PM. Youth will present a Program for parents, grandparents, and community with a meal to follow on Friday.

Our theme this year is Space Explorers as we follow God into the reaches of the heavens and here on Earth. Ages Pre-K through 5th Grade gather in Union Lower Level for the morning with outdoor water activities in the afternoon. Those entering 6th, 7th, and 8th grades will attend Deep Portage Conservation Center for part of the day. VBS Application Forms are on line at the church website now. Please look on the Menu under Get Involved, then click on VBS Forms. Forms may also be found on the Christian Learning Board in church (across from office). Early registration is strongly encouraged to assist in materials/staff programming plans.

No cost to attend but daily offerings appreciated for Mission Project by Youth. More details available in future newsletters. Please contact Jo (651-274-2145) or Heidi with questions.

Easter plans for youth programming are being reviewed. Special Summer Activities are in consideration as well. Watch your bulletin, newsletter, and website for exciting future plans. Meanwhile, Think Spring!

The Christian Learning Team

March's Mission of the Month

The Hackensack and Walker Food Shelves have begun their most important annual fund drive of the year. Funds raised during March are matched by the **Minnesota FoodShare Campaign** on a pro-rated basis depending upon the size of the food shelf, the amount of funds raised, and the poundage of food contributed during the month. Your gift will help determine each food shelf's share of the "pie". Please consider donating to our local food shelves.

The funds Union receives will be divided on a 75/25 basis (75% to Hackensack and 25% to Walker) unless gifts are designated to a specific food shelf. Make your check payable to Union Congregational Church, UCC and designate "Food Shelf", "Hackensack Food Shelf", or "Walker Food Shelf" on the memo line. As usual, any food items donated in March will be given to the Hackensack Food Shelf.

We will also be collecting food items such as canned goods and non-perishables for the Hackensack Area Food Shelf and Walker Area Food Shelf. If you bring them to church, we will take them to where they need to go. Here are some items food pantries frequently need:

- Canned Meat or Fish
- Soup
- Canned Fruits and Vegetables Applesauce in particular
- Peanut Butter
- Pasta
- Rice
- Cereal
- Baby Formula
- Cooking Oil
- Dried Herbs and Spices
- Granola Bars
- Instant Mashed Potatoes
- Nuts
- Toilet Paper

Matthew 25:35-36 reminds us, "For I was hungry and you fed me; thirsty and you gave me drink. I was a stranger and you welcomed me; naked and you clothed me. I was ill and you comforted me; in prison and you came to visit me."

Thank you for your generosity. Working together, not one person in our communities will go hungry. We can and **DO make a difference!**

Don and Heidi Hoppe Walker Area Food Shelf Coordinators Linda Merritt Hackensack Food Shelf Coordinator

Torri Vande Zande, Pastor Union Congregational Church



Men's Fellowship will be Tuesday,

March 3rd, at 9:00AM Join them for breakfast!



GAME NIGHTS

Join us on March 8th and 22nd at 5:30 p.m. Bring a dish to share.



March 2020



Hello friends,

We had so much fun at the February open mic! We are always amazed by the talented performers that join us! We were still glowing and buzzing long after the evening ended.

EXPRESS YOURSELF! OPEN MIC

Mark your calendars for the next Express Yourself Open Mic on Sunday, April 19th in the afternoon from 2-4pm. You can send us an email at kokoroperformingarts@gmail.com or call Kiki at (218) 831-0942 if you'd like to sign up to share your music, monologues or storytelling. Jokes are welcome too! You can sign up a half hour before the show. The greeters at the main table have sign-up forms. The coffee shop opens at 1:30 for specialty drinks. You are invited to come early and find a good seat!

NEW KOKORO THEATER DEPARTMENT

We'll be starting seeds in our basement soon, in preparation for summer gardening. I'm already dreaming of the flowers, herbs and vegetables in our garden. It's so exciting to see those little green shoots coming up. And speaking of seedlings, we are getting ready for our first meeting of the Kokoro Theater Department. If theater is something you have a passion for, let us know and we will look at ways for you to join in the fun!

SHARE YOUR STORY

Our Share Your Story project is moving right along. Greg Webb created a beautiful new studio backdrop in multiple shades of blue, to enhance the videos of community members sharing stories from life experiences. Thanks to Greg for a great job! If you are interested in learning more about Share Your Story, contact Linnea Dietrich at kokoroperformingarts@gmail.com.



SPRING QUARTER AT THE KOKORO MUSIC SCHOOL

Spring Quarter for the Kokoro music school starts on March 30, 2020. Registration opens on March 9th. As always, Union members receive a 10% discount on music lessons! Thank you to Union church for the many ways you support Kokoro. We are deeply grateful! Hope to see you soon!

Warm regards,

Kiki



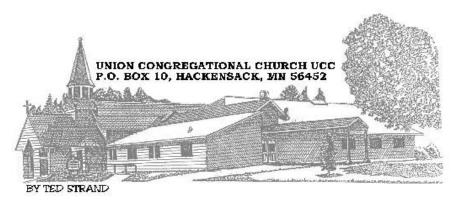
by Kiki Carter Webb

* = Community Event held at the church

Union Congregational Church, UCC, Hackensack MN $MARCH\ 2020$

M-W-F 1:30-2:30 pm **Bone Builders** *

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Worship 9:30am Communion Fellowship 10:30am	10:00am—11:30am Upper Room Bible Study 6:00pm AA Meeting *	9:00am—10:00am Men's Fellowship	5:30pm Lent Service (St. Paul's)	7	9:00am—12:00pm Morning Out	
8 Worship 9:30am (In the sanctuary) Fellowship 10:30am 5:30pm Game Night	9 10:00am—11:30am Upper Room Bible Study 6:00pm AA Meeting *	10 9:30am Congregational Life Meeting 5:30pm Financial Team Meeting	2:00pm Justice Team Ministry Meeting 5:30pm Lent Service (Union)	12 1:00pm Women's Fellowship 6:00pm Blanket Making	9:00am—12:00pm Morning Out	44
15 Worship 9:30am Fellowship 10:30am	16 10:00am—11:30am Upper Room Bible Study 6:00pm AA Meeting *	17 9:00am Lenten Prayer Breakfast	18 1:00pm–3:00pm Caregivers Support Group 5:30pm Lent Service (St. Paul's)	19 1:00pm Council 2:00pm Drum Circle *	20 9:00am—12:00pm Morning Out	21
22 Worship 9:30am Fellowship 10:30am 5:30pm Game Night	23 10:00am—11:30am Upper Room Bible Study 6:00pm AA Meeting *	24	25 1:00pm-3:00pm Caregivers Support Group 5:30pm Lent Service (Union)	26 1:00pm–4:00pm Fiber Arts *	9:00am—12:00pm Morning Out	28
29 Worship 9:30am Fellowship 10:30am	30 10:00am—11:30am Upper Room Bible Study 6:00pm AA Meeting *	31				



NONPROFIT ORG. U.S. POSTAGE PAID HACKENSACK, MN PERMIT NO 5

FORWARD SERVICE REQUESTED

Weekly Caregivers Support Group starting March 18th

Look inside for our Lent calendar!

2020

